



**Globe
Star**
Since 1996

NAVIGATOR

mentoring a spirit of gentleness for individuals with developmental disabilities

Creating Coherent Life Stories, *Integrating Meaningful Narrative with a Quality of Life Model*

“Whether in a society or an organization, the culture is in many ways defined by the way we talk, the language we use, the nature of the debate and dialogue we engage in. In fact, one of the first things we notice when we move between cultures is the change in language”

-Peter Block¹

At Globe Star, when we talk about a *quality of life model* and subsequent quality of life *outcomes*, we’re talking a lot about the language we use and the dialogue we construct for discovering and learning about *what truly matters* to the Individuals we serve. Their values and personal preferences are what we want to identify and explore, with them, through loving, inquiry-based dialogue that supports their intrinsic curiosity and motivation.

For the Individual, this way of verbal and non-verbal interaction encourages social-emotional awareness and development. For the caregiving, collaborative role, the dialogue, language and nature of these interactions center the journey of Gentle Teaching around what truly matters to this person, the discovery of who they really are, and the defining attributes of their unique voice.

How we talk, the language we use, and the nature of our dialogue creates the conditions and opportunities in our mentoring practice for exploring value together, and creating meaningful moments, new moral memory, and possibilities for companionship and community that enrich quality of life.

In his book, *Community, The Structure of Belonging*,

¹ <http://heartlandcircle.com>

Peter Block talks in depth about how a culture is formed ‘through shared inquiry, values, and narrative cultivated through the social-emotional awareness and aspects of human development that, individually and collectively, shape a society.’ He identifies (above) three main aspects of social interaction that influence the distinctive characteristics of a social culture (ie, a culture of gentleness):

1. the way we talk
2. the language we use
3. the nature of our dialogue

Globe Star’s quality of life model of services incorporates a framework and philosophy of Gentle Teaching for guiding the development of these three things.

Four pillars, or life-lessons (*safe, loved, loving, engaged*), lay the foundation for building relationships.

The core of this philosophy is unconditional love. This is the universal language of the heart. Our tools (hands, eyes, words, presence) speak this language, building trust through the way we talk and communicate. The nature and context for our dialogue reiterates being unconditionally accepted, valued, and loved.

Dialogue (both spoken and unspoken) is both primal and powerful for human beings, and for social-emotional response and development. It’s powerful because it speaks to the heart of our human experience; it’s primal because it ignites social interaction with the basic elements of *storytelling*, the way we first learned how to communicate (using *our tools*).

Continued on page 6



Letter From the Executive Director

Journeying with Gentle Teaching ...



Communicate, Create, and Capture

In “mentoring a spirit of gentleness,” communicating value and meaning for one’s life invites our engagement in telling their story.

Storytelling itself can be a valuable tool for understanding the human condition and directing one’s vision toward ‘that which is unseen’ or unknown.

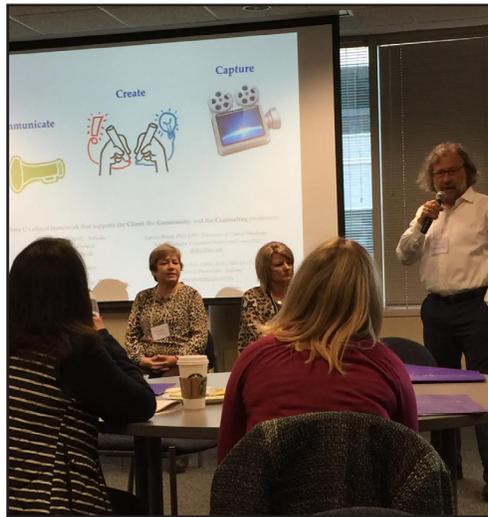
Through our interactions that build the relationship, creating and capturing meaningful moments, with others, gives us the privilege to engage in narrative processes with them and on their behalf.

A narrator is primarily an observer, someone who pays attention to the developing dynamics and unfolding details of a person’s life and their ongoing, developing story that reflects their self-determining quality of life.

Mentoring a spirit of gentleness expands to narrating the journey of gentleness.

Our opportunity is to explore, with others, in creating and capturing (in words or other communication illustrations), connections that cultivate a sense of belonging.

We can learn from attempts that focus on creating “positive supports,” that our communication has to be more—and really, something other than a set of rules or creating an environment that teaches compliance, correction, and consequences. These “3C’s” approaches leave us only with questions as to how anyone can continue to practice and validate this style of model that benefits neither the individual, our professional practice, nor the



*Pictured is Dr. Anthony M. McCrovitz
Tony teaching in St. Paul.*

community.

Our interactions should be an invitation that provides an opportunity to better understand the story of a person, with their possibilities and vulnerabilities. We lay out a “map” as we outline and describe the person, yet this process can often turn into hidden agendas, creating barriers, and then documenting our notes into a book to identify for others how we are doing the process to support our services.

The communication begins at the very beginning and needs to be continued throughout our own, professional journey to learn and grow. Our growing awareness creates the privilege of listening to the person as they tell their story. Allowing the story to form and articulate meaning, becomes an ongoing, interactive and celebrated path of relationship-building.

This also means providing support through the times that struggle to clarify and validate with the person; it means allowing space and providing support for these times, because it is critical to nurture the individual through these ‘transformational’ moments, meeting them where they are, and being present with them, unconditionally, through their discoveries and on their journey of self-awakening and belonging.

It’s been my personal journey as a collaborator to write about one’s quality of life as related to these eight human values:

Continued on page 3

Executive Director Letter, from page 2

- ◆ Bodily Integrity - being healthy, being decently clothed, being clean, being well fed, etc.
- ◆ Feeling Safe - wanting to be with others, not being afraid of people with whom you live, not being afraid to go outside, feeling relaxed in interactions with others, etc.
- ◆ Feeling Self-Worth - seeing oneself a good, being recognized as a person, feeling pride, expressing personal gifts and talents.
- ◆ Having a Life Structure - sensing a life-plan, having a daily routine, having your rituals and beliefs.
- ◆ A Sense of Belongingness - having a close circle of friends, loving others and being loved by others, having a home, feeling companionship.
- ◆ Social Participation - being able to have contact with the community, living among others, partaking of community life.
- ◆ Having Meaningful Daily Activities - enjoying one’s daily activities, having activities that fit in your life-plan.
- ◆ Inner Contentment - feeling inner harmony, free from traumatic experiences.

It is through these basic values that we can develop a foundation of priorities, based on an individual’s culture and beliefs.

It is important to note that one’s quality of life does not depend on each separate value, but on the sum of these values. They are not hierarchical. As we work with an individual, one may begin to notice that the individual’s expression of these values might not be expressed appropriately or has not developed. Our responsibility is to nurture a foundation for the individual to grow and expand, and to develop a healthy expression of these values.

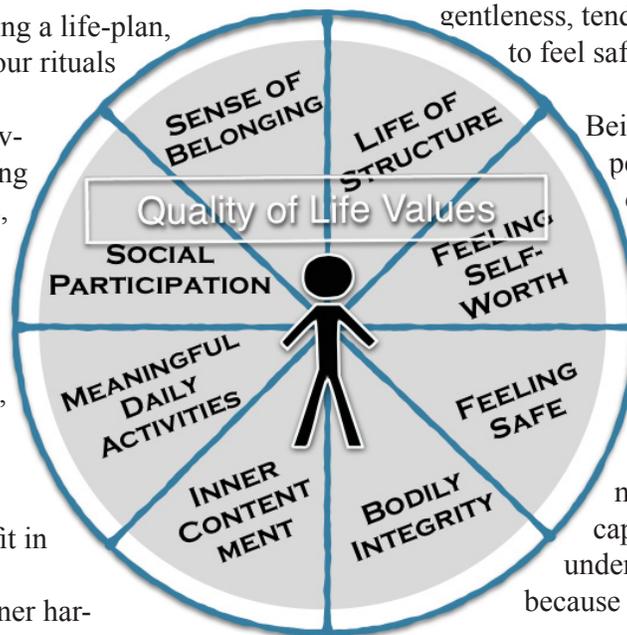
Having a basic understanding of one’s quality of life,

McCrovitz (McCrovitz, 2004 & 2005) has identified nine destinations that an individual experiences through engagement with others.

It is through the collaboration and the creation of a culture of gentleness that we can understand the basic ideas discussed in Erik Erikson’s¹ mechanisms of crisis resolutions and the framework that surrounds this process. He outlines a deeper understanding of how we move from one stage to the next. In creating a culture of gentleness, as in Erikson’s model, we nurture and mentor a spirit of gentleness, tending the garden of growing hearts to feel safe and loved.

Being able to identify where this person is in relation to these nine destinations (ie, what basic area of human development is staging an ‘identity crisis,’ will help us to navigate, with this individual, to a destination of safe and loved.

It is in these sometimes “stormy” moments that we can create and capture a sense of meaning and understanding about one’s existence, because we are here with them.



Wolf Wolfensberger² identified how important our interactions become in these moments of crisis, because they can create and communicate meaning and value. Wolfensberger identified three keys areas that can be illuminated for a person: “you are valuable, you are no less valuable than any other human, and you are loved by me/us/the server(s), as the case maybe.”

Continued on page 8

¹ Erik Erikson, 1902-1994, was a German-born American developmental psychologist and psychoanalyst known for his theory on psychosocial development of human beings. He may be most famous for coining the phrase, identity crisis}

² Wolfensberger, W (2007). Similarities and difference between peace-making and nonviolence and their relevance to services to people who are mentally retarded. *Intellectual and Developmental Disabilities*, 45, 4, 278-286.

Reimagining and Facilitating Multi-Sensory Environments

Designs, Applications, Interactive Tools and Resources for Snoezelen/MSE

JOIN THE CONVERSATION each month at our educational webinar series of monthly topics, learning about the enrichment of therapeutic, educational and recreational processes in multi-sensory environments.

These are 45-minute sessions, plus some additional time for questions, broadcast from our South Bend office, with program director, Dr. Anthony M. McCrovitz. The developing series will include invited guest speakers and featured panelists.

Learn how you can work with others in a multi-sensory environment and focus on quality of life enrichment and outcomes.

Multi-Sensory Environments offer engaging sensory experiences. Diverse applications for therapeutic, recreational and educational purposes can be facilitated by those interested in learning about the interactive processes, appealing not only to the



professional, but to families who want to engage in quality time with their family members.

Basic, MSE activities can be learned for engaging in quality time with others, in addition to interpersonal skills and an understanding of how interactive resources can be

implemented. Both parents and professionals can learn and share

Gentle Teaching-inspired approaches and diverse applications for therapeutic, recreational and educational goals for multi-sensory environments.

As we learn how to assess ourselves and how we use 'our tools' (hands, eyes, words, presence), we can become skilled in laying a foundation for relationship-building that cultivates intrinsic worth and nurtures what the heart can know and understand.

If you would like to attend or learn more, please see schedule and upcoming topics for October 20, November 17, and December 15, and register at our website or go to this link: <http://globe-star.org/?p=1979>.

To accommodate work schedules and world time zones, each monthly topic will be presented twice, at 11:00 a.m. and 5:00 p.m. (EDT).

Learning together... Gentle Teaching-inspired approaches and diverse applications for therapeutic, recreational and educational goals for multi-sensory environments.



Sponsored by Globe Star, LLC, TFH USA and the International Snoezelen Association (ISNA), and produced by THE QUALITY OF LIFE INSTITUTE, INC., ©2016. All rights reserved

GLOBE STAR of South Bend, Indiana Snoezelen Multi-Sensory Room HAS OPENED!

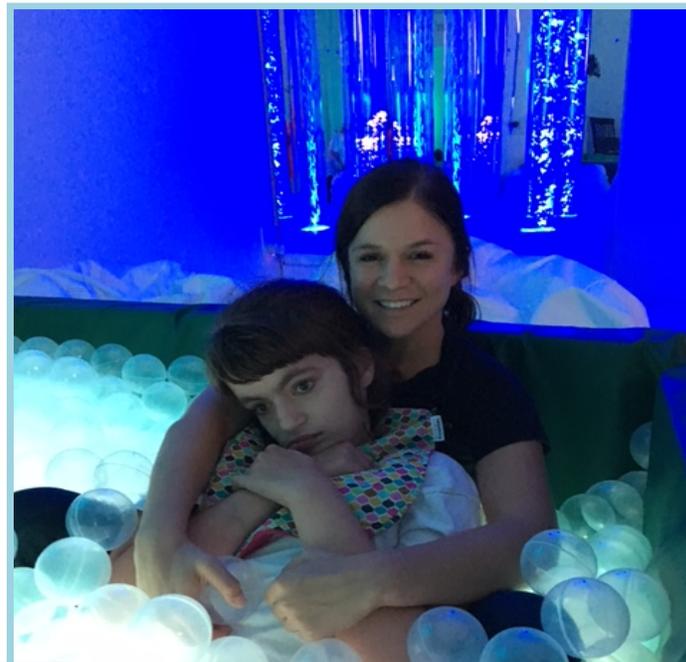


Photo Credits:

Ronda Spaulding,
Administrative
Assistant at A ROSIE
PLACE, a licensed
specialty hospital and
respite for families,
dedicated exclusively
to serving children
who are medically
fragile.



935 S Ironwood Dr.
phone: 574.246.1316



Coherent Life Stories, from page 1

Each one's unique voice and sense of self-determination is what we want to identify and cultivate. The discerning and affirming of value and the integration of meaningful narrative for one's unfolding life-story, is what brings together a sense of self with a sense of belonging, of feeling 'at home.'

"Feeling at home is where the heart must be."

~ Dr. John J. McGee

"Feeling at home is where the heart must be," said Dr. John J. McGee, teaching further that "the ongoing spirit of gentleness, during good moments and bad, leads to a sense of companionship — a feeling of being at home, trust, and belonging."

The heart represents a dwelling place for how one feels, for what holds value and carries meaning. Learning how to navigate the heart of human interactions builds companionship, and develops a sense of community with others. Navigating the heart parallels our capacity to narrate the voice of an Individual's life-story, expanding from the foundation of the trusted, collaborative relationship.

With a Quality of Life model, we pay attention to the heart of one's story, utilizing two basic aspects of storytelling's narrative structure: **the content** of the person's life-story in a sequence of time (who, what and where in the past and present); and the form or framework that shapes **the plot** of how these stories can now unfold (in the present, and in the future).

The working narrative represents the authentic voice of the Individual; it is *who they are* and *how they feel*, creating what is meaningful and identifying what is of value to them for their quality of life.

Our interactions with those whom we serve are primarily guided by what they are teaching us is *their need*, *their voice*, *their 'heart.'* (See writings of Robert K. Greenleaf to learn more about this view of *Servant Leadership*.)

Dialogue engages the storytelling processes that are

essential for an understanding of one's authentic, *narrative identity*. This term is ascribed by Dan McAdams² as "a person's internalized and evolving life story, integrating the reconstructed past and imagined future to provide life with some degree of unity and purpose."

The elements of dialogue develop companionship and a sense of community, and work toward the integration of a unified, coherent sense of oneself with a sense of belonging.

The dialogue leads to *the doing*; to the implementing of new steps for change, for connecting and relating value and meaning to one's daily life.

Michael Smull reminds us, "Make sure that there is a commitment to act on what is learned. Remember that a plan is not an outcome. A plan is an organized way of learning what is important to someone and a description of what we will do to act on what we have learned (including addressing any issues of health and safety)."³

Our commitment to act on what is learned creates mobility (intrinsic motivation that becomes accessible for the person) and offers flexibility (choices) for the person's life.

The self comes to terms with society through narrative identity."

~ Dan P. McAdams

A Quality of Life model expands our work of mentoring a spirit of gentleness to broadening a sense of 'unity and purpose' for one's daily life. Past, present, and imagined future events are delineated with coherent value and meaning.

With a Quality of Life model, the mentor's self-assessment and self-reflection exercises are invaluable to the narrative processes and quality of life outcomes.

Continued on page 8

² Dan P. McAdams, contributor to *Current Directions in Psychological Science* journal. McAdams is a professor and chair of the Department of Psychology at Northwestern University.

³ Smull, M., Listen, Learn, Act (2000), *The Importance of Partnerships*, p12

On the Road Journal

Much has been added to Globe Star's story these past months, from the meaningful moments shared in our daily work and providing of services that build companionship and community, to new developments like the opening of our Snoezelen/MSE Room in South Bend, and then the sharing and presentation of our stories, both at home and abroad, about our Gentle Teaching-based, Quality of Life model.

At the end of May, Dr. Anthony M. McCrovitz of Globe Star, and Maurits Eijgendaal of Denmark (former president of Gentle Teaching International and current president of ISNA-MSE), presented and moderated another Gentle Teaching Workshop at SHARING MEADOWS. We accommodated a full house of participants, and were so grateful to once again collaborate with our friends at the SHARE Foundation, founder Fr. Blaney and Director Kathleen Kelly, who hosted the three-day affair with an abundance of kindness, humor, and gracious support.



Maurits Eijgendaal viewing charcoal drawing of founder Fr. Blaney.

Snoezelen/Multi-Sensory Environments

June marked the start of an ambitious, new workshop adventure,



South Bend program presenters: co-founder of Snoezelen, senior Snoezelen advisor at Hartenberg Centre in the Netherlands, Ad Verheul (left), Dr. Anthony M. McCrovitz, Exec. Director of Globe Star and the Quality of Life Institute, Inc., Board Member of ISNA-MSE (center), and President of International Snoezelen Assn. (ISNA- MSE), Maurits Eijgendaal (right).

opening up the world of multi-sensory environments and exploring What is Snoezelen? And how can we make the most of multi-sensory environments by integrating the relationship-building framework of Gentle Teaching?

Two June workshops (one in South Bend, Ind., and the other in Arnold, Md.) came on the heels of Globe Star's long-awaited for Snoezelen-MSE Room in South Bend finally getting completed. TFH USA (and the above and beyond commitment and coordination of TFH USA Manager, Karen Pool), furnished

the final design and customized installation of our equipment. Our first, three-day workshop in South Bend was graciously hosted by our friends at Logan at their beautiful facility on Jefferson Boulevard. The event was produced in collaboration with ISNA-MSE, GLOBE STAR LLC, The Quality of Life Institute, Inc., TFH USA and American Association of Multi-Sensory Environments (AAMSE).

We were simply thrilled and so privileged to have Maurits Eijgendaal, President of the International Snoezelen Association, travel from Denmark to be with us, and also Ad Vd Verhuel, a principal founder of "Snoezelen," join us from the Netherlands. On Sept. 29, Globe Star South Bend hosted an Open House for the completed Snoezelen/MSE Room, and also officially launched a monthly webinar learning series for re-imagining multi-sensory environments. The topic presented by Dr. McCrovitz for the initial webinar was: "The Active Relationship Component."

Please see the write-up on page 4 for more about this series and how you can join us for a 45-minute training session each month.



"Globe Star" visited New York for a couple days the first



Continued on page 9



From the Executive Director



Journeying with Gentle Teaching ...

Executive Director Letter, from page 3

If we truly grasp the transformative power of this invitation to create meaning and value within the moment that we have now, then why would we spend our efforts to teach, develop and implement programs that don't support this basic principles?

It's time for us to realize the privilege we have with this invitation to create new moral memories that support one's quality of life.

Without the narrative structure of one's story being formed through our interactions, these moments lose their possibility, potential and purpose. Having movement and direction is not an indication of value or relative meaning for the person we serve.

Celebrating these moments forges the foundation of safe and loved, and creates meaning and new moral memory

that cultivates a sense of companionship and community.

A framework of Gentle Teaching guides our mentoring and narrating processes; to Communicate, Create, and Capture, lays the foundation of four life-lessons. The first lesson is "My friend, when you are with us, you are safe. These hands will never hurt you. These words will not put you down. These eyes will look warmly and lovingly at you." The next lesson is related to the first, "You are not only safe with us, but you are also loved! Our love is unconditional!" The third lesson is, "Learn that it is good to be with us, do things with us, and even do things for others!" And, the last lesson is, "Learn to be loving toward others!" Safe, loved, engaged, and loving are the cornerstones of a quality of life services.

~
log

~ **Dr. Anthony M. McCrovitz**
Executive Director

Creating Coherent Life Stories, from page 6

A significant part of our mentoring work incorporates self-reflection exercises, self-assessments, and the ongoing planning (with a Personal Teaching Plan) of how we can use our tools (hands, eyes, words, presence) for creating meaningful dialogue with the person, and then how we can use our PTP for creating the steps (intention to implement and act) for integrating value and meaning into a coherent wholeness or state of well-being (quality of life).

A quality of life model uses a narrative construct for creating life story coherence. For a close-up view of areas where brokenness needs to be addressed, or any area where

value and meaning can be created or recovered, each area of a person's life-story can be identified with one or more of eight, universal, quality of life values.* (*See more about the eight quality of life values in the Director's Letter on page 3).

The narrative for one's life story continues to be written as the person's life continues to unfold. It defines their sense of time and place, providing life 'with some degree of unity and purpose.' (McAdams, p. 6) New information can be integrated with what is already known, and new 'story and plot' details can continue to be added.

In mentoring a spirit of gentleness, dialogue speaks through the heart. Only through this door of 'feeling at home' can the path of dialogue become paved and the narrative become known for one's story.

It is this 'sense of belonging,' that opens the heart to the invitation; to the possibilities for composing value and creating meaningful narrative, enabling a person to truly *feel* at home with the authentic telling and living of their own life-story.

Contributed by Mara Hawks, Curriculum Developer for Globe Star and the QOL Institute, Inc.

On the Road, continued from page 7

week of October, when Dr. Anthony McCrovitz made an appearance at Community Option’s 20th Anniversary Conference on the 5th, presenting the principles of Gentle Teaching at a couple of breakout sessions. Community Options is a national, nonprofit agency, celebrating 20 years of providing supports and services to persons with disabilities in New York.



NAQ Conference

In August, Globe Star was on site with both local and out-of-state (Texas) agencies to share the concepts of Gentle Teaching with staff members.

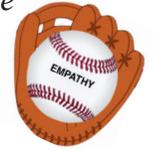
Dr. McCrovitz also paired up with faculty member of The Mandt System, Bob Bowen, to present at the 21st Annual NAQ Conference in Louisville, Ky., on Aug. 11. The conference theme was “Swing for the Fences: Hit Directed Planning out of the Park.”

McCrovitz and Bowen wove the theme around a Globe Star favorite topic: relationship-building! The talk was entitled: *The Collaborative Pitch: Relationship-Building Elements Empower the Play and Swing-ABILITY for Quality of Life.*

The presentation focused on elements of predictability, safety, connections with other people, and a trusting relationship with support staff. Presentation materials provided illustrated examples of how mentors can be coaches in supporting people to achieve their best.

Developing trusting relationships that extend to support staff, invites an organizational culture of mutual respect that leans on resources and centers on productivity. Relationships rooted in trust have keys for

resolving conflict, creating transparency, handling accountability, and instilling predictability (based on a shared vision). The collective role of the team that supervises direct support workers is to create the conditions that invite their engagement with empowering, relationship-building processes.



Coaching/mentoring with a Gentle Teaching framework offers “gifts” that support relationship-building and the cultivating of a person’s awareness of unconditional love. These ‘gifts’ nurture ‘the present’ moment(s) of awareness and ‘empower the play and swing-ability.’



Our hands, eyes, words (verbal and non-verbal) and presence are ‘our tools’ for developing genuine companionship and a sense of community with others. Why does this work? Because when a person feels valued, feels safe, and feels loved (unconditionally accepted), the conditions are created for the person to be his best and to do his best.



“Before there can be a foundation, TRUST needs an invitation. Before there can be a level playing field, the root of UNCONDITIONAL LOVE needs to grow.”

~ Dr. Anthony M. McCrovitz

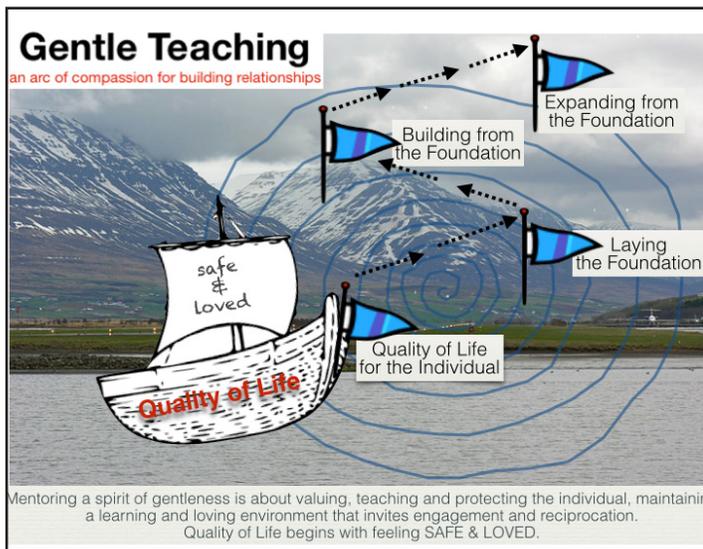
GTI Conference in Iceland

Dr. McCrovitz is a board member for Gentle Teaching International (GTI), and each year represents Globe Star at their annual conference. It’s held in the month of September, and hosted by a selected agency that integrates the



Continued on page 10

Events, continued from page 9



Presentation excerpt: When we take this journey of gentleness with an Individual, we are always building on, expanding from, and returning to the foundation of safe and loved. This creates waves for the future.

practices Gentle Teaching.

The location changes from year to year, but all who are interested in learning more about Gentle Teaching, sharing ideas, stories, and building friendships with others around the world who practice ‘mentoring a spirit of gentleness,’ are welcome to attend!

This year’s location was Akureyri, Iceland, and the theme was “How Do We Build the Future?”



Award Given at Inaugural Brain Injury and Resource Facilitation Regional Conference

On Oct. 11, in South Bend, Globe Star was the recipient for the state of Indiana’s “Provider of the Year” award.

Each year, the Rehabilitation Hospital of Indiana (FHI) Research and Training Center recognizes regional, Indiana agencies that provide excellent services for those with traumatic brain injury (TBI), along with other brain-related disabilities (ie, stroke, etc).

Indiana is a national leader in innovative brain injury resource facilitation, from research to practice. The RHI Resource Facilitation department strives to build the capacity of the professionals and community service providers through the State, who work with people with brain injury.



Dr. Anthony M. McCrovitz, picture right, was presented the state of Indiana’s “Provider of the Year” award.



The northern Indiana regional conference was held at the Gillespie Conference Center at the Inn of St. Mary’s, and Dr. Anthony M. McCrovitz was present to accept the award on behalf of Globe Star. Well done!



On behalf of Globe Star, Dr. McCrovitz attended and shared at the NCACES Conference (North Central Region Association for Counselor Education and Supervision) in St. Paul, Minn., on October 20-22. The

theme was *Igniting and Illuminating Innovation in Counselor Education and Supervision.*

This month is also the 13th Annual Conference of the International Snoezelen Association (ISNA) in Crete, Greece (October 25 - 27), where Dr. McCrovitz will be addressing the theme, “Discovering the Human Core through the Senses,” with his presentation entitled: *Engaging the Senses for a Unified Self: connecting the emotional self with the social self through multi-sensory environments.*

Continued on page 13

The Faces of Globe Star

Larry and Friends Celebrate Summer

Contributed by John Kremke, Quality of Work Life Mentor



Pictured is Larry J., 2nd from left, and friends.

Larry J., an Individual in the Globe Star community, was host for a wonderful, summer 2016 cookout party at his home! Larry entertained about fifteen of his Globe Star friends and fellow individuals, with grilled ribs, chicken and potluck sides. Even the handymen who work on his house were invited to enjoy the summer celebration with us.

Larry loves to entertain others. He worked on the party planning for weeks to make sure that everyone would have a good time, by exemplifying the Gentle Teaching values of companionship (Elements of Companionship), positive reciprocation, and making new memories.

Thank you, Larry, for all the love and joy!



Pictured is Neven F., an Individual.

Neven Demonstrates Work Skills

Contributed by John Kremke, Quality of Work Life Mentor

Neven F. is an individual who receives our Quality of Work Life services. Here he is showing me his expertise while working at his family's bakery.

I spent one of his midnight shifts with him as part of our mentoring services. During our shift together, Neven demonstrated, for me, how he performs each of his tasks. These included making deliveries, merchandising products and more.

This is an example of a situational assessment, which is a hands-on way to serve individuals by working with them in their own (or another) work environment, to learn about their likes, dislikes, skills and vocational direction. It's also a way to identify needs and barriers. These are insights that help us to provide Quality of Work Life Individuals with the support they need, and also provides us with opportunities for building the collaborative relationship by developing companionship and a sense of community.

Well done, Neven!

Community Outreach

In September, caregiver Donnie Jessie and his not-for-profit awareness organization, Autistic Rhythm, hosted an awareness event and fundraiser in conjunction with Harley Davidson of Crawfordsville as a venue.

The event was to raise awareness of autism and build community. The money raised is used to purchase teaching supplies for special needs

classrooms.

They were able to raise \$3,000 for Autism Awareness groups and Special Needs Classrooms.



Donnie can be contacted for more information at donaldjessie@gmail.com.

Continued on page 10

The Faces of Globe Star, continued from page 9

Lamar, at Home and in the Community

Contributed by Samantha Henley, Servant Leader

Individual Lamar B. is getting happily settled in his new home and getting to know his way around his new home community. He needed to relocate from Indianapolis to Lafayette, and worked with his caregivers to



Pictured is Lamar B.

succeed in his dream of obtaining his own apartment. Together, over a year was spent in looking and working to find just the right apartment for Lamar.

Lamar enjoys getting to know his new neighbors and finding new places to hang out in his new neighborhood. He likes to visit the local library, a nearby walking bridge, and explore local parks. He is also looking forward to find-

ing a new church in the area that he can attend each week.

Writing poetry is something Lamar enjoys a lot, and is cultivating his writing gifts as he now works toward a goal of having a second book of poems published.

Lamar is very happy in his new apartment and is enjoying making Lafayette his home, and we are so happy for him!

Jacob, Sharing A Slice of Companionship

Contributed by Samantha Henley, Servant Leader



Pictured is Jacob T.

Jacob and his caregiver, Donnie Jessie, recently spent time making homemade pizza together. This was a simple and very enjoyable activity for Jacob and Donnie to share, developing companionship and creating value that builds up feelings of self worth.

Making a pizza together and engaging in table talk, was a simple and creative way for them to enjoy a shared activity and have meaningful time together.

Jacob enjoys spending time with his caregiver, as it brings meaning and joy to his day.

More 'Faces of Globe Star' on Page 13

GLOBE STAR
Quality Of Life
Services
since 1996

*Mentoring
a spirit of gentleness
for Individuals with Intellectual
& Developmental Disabilities*

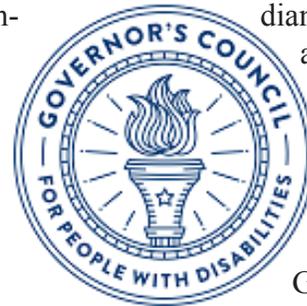
On the Road, continued from page 10

This presentation explores how we might accurately determine foundational value of sensory experience and relate this to the building of relationships. Connecting and interconnecting influences between motor perception and sense perception will be discussed, and how a unified self, that includes the sense of one’s body (‘body ownership’), resonates with contemporary predictive coding (PC) models of information processing.

Predictive coding (PC) relates to how we can anticipate results and achieve expected outcomes. Utilizing a learning the relationship-building framework of Gentle Teaching, and integrating the knowledge of prominent PC theory in our applied practice, generates life-affirming outcomes and sustains a culture of HOPE.

“**Creating a Culture of Change**” is the theme for the 2016 Indiana Conference on Disability in December (5th - 6th). Congratulations to Dr. Anthony M. McCrovitz (Tony) on being selected as a speaker by the Indiana Governor’s Council for People with Disabilities! His presentation will be: Using a Gentle Teaching framework to develop Companionship and Community.

The event will take place at the Westin Hotel in downtown Indianapolis. It will be a full house, as registration has already closed. To participate in the conference is both an honor and a wonderful opportunity for Globe Star to represent the voice of Gentle Teaching and its worldwide capacity for of a culture of change in our systems of care for Individuals with Intellectual and Developmental disabilities.



A Celebration, A Celebrity, and A Selfie

Contributed by Christina Evansky, Caregiver

On June 26, 2016, we went to the Rock ‘N Roll Hall of Fame in Cleveland, Ohio for our second anniversary. After the tour, we were sitting outside to rest up for the mile walk back to our vehicle.

While we sat there resting, we noticed a bunch of police motorcycles pulling up out front. Chris said, “something must be going on.” I said, “let’s see,” and we walked toward them.

There were about ten motorcycle cops, and then we watched a man getting off an old Indian motorcycle, and noticed it was Mike Wolf, of American Pickers TV Show!

We watch the show all the time at home. He was talking to the cops and even sat on one of their bikes and had pictures taken with them. After about 10 minutes, I could tell they were getting ready to



Pictured left to right is Chris, Mike Wolf and caregiver, Christina Evansky.

leave. I mustered up all my courage and said, “Hey Mike, can I get a picture of you with me and my wife?” He started up the steps toward us and said, “Sure, we have to make it fast cause I’m riding with them.”

Well we got the picture, although I took it myself and cut off part of Chris! But it was fun and memorable! We found out later that Mike was doing a Memorial Motorcycle Run with the Cleveland Police officers for fallen officers. Thanks, Mike, for sharing a captured moment with us!



Adult Day Program at Globe Star University

"mentoring a spirit of gentleness for learning and growing"

GSU is committed to four key tenets:

✓ Volunteerism

provides volunteer opportunities that enable program participants to establish meaningful connections with others in the community who share similar interests.

✓ Education and Skills Development offers education and training in functional skill development that focuses on individual strengths and interests.

✓ Community Integration identifies and nurtures opportunities for participants to be involved in leisure & recreational activities of interest to them, and facilitates their use of community resources such as libraries, parks, museums, theaters, festivals, etc.

✓ Pre-Vocational Skill Training provides training in specific job-related skills based on individual strengths, weaknesses, likes, and dislikes, empowering them to pursue employment in an area of matched interest.



contact:

John Kremke
(219.921.5492, ext5)
jkremke@globe-star.org

Where Is Globe Star?

Globe Star works with the International Gentle Teaching Community to mentor individuals with developmental and intellectual disabilities, developing companionship with them as they discover how to actively participate and become engaged in their communities.

GLOBE STAR serves the northwest Indiana area, with four main offices, located in Chesterton, Warsaw, Indy and South Bend. Our community is comprised of direct service workers (caregivers), their supervising mentors, the individuals we serve, our service-coordinating servant leaders, and our local business community.

Director Anthony M. McCrovitz presents training workshops and participates as a speaker/presenter at conferences throughout the year. He currently serves as president of the Indiana Counseling Association (ICA).

Newsletter Crew

The Navigator is a newsletter published for Globe Star by The Quality of Life Institute, a non-profit organization.

For a free subscription, write or email us at: navigator@globe-star.org

Executive Director:
Dr. Anthony M. McCrovitz

Executive Editor:
Mara Hawks

Layout & Design Editor:
Hilary Telson

Website www.globe-star.org

Email info@globe-star.org

Main Office Phone
(219) 921-5492

Main Office Address
621 Broadway
Chesterton, Indiana 46304

GLOBE STAR, LLC, is a service provider that views caregiving through the scope of Gentle Teaching. Through this framework, we navigate with a compass of compassion on our course to Value, Teach, Protect and Reciprocate.

As navigators, we strive to facilitate the Individual's journey to destinations where they are able to experience and dwell in the destiny and dignity of being human.

~ Dr. Anthony McCrovitz, Director